

Face Everything And Recover – redefining FEAR

Program for November 7, 2020 (subject to change without notice!)

ZOOM mainline			
8:45 – Registration?			
Webinar style? – participants muted			
9:00 – Welcome <ul style="list-style-type: none"> - CoDA formalities - Online courtesies and ground rules 			
	Breakout A	Breakout B	Breakout C
Session			
1 – 9:30 – 10:45	Wendy E. – A Love Story – Learning to Love Yourself	Ronit – Queering CoDA	Lisa F. – FEAR – How to Train your Dragon
10:45 – 10:55	BREAK		
2 – 10:55 – 12:10	Richard I. – Redefining FEAR – expanding your world	Pacia D. – Feeling and Healing: Connect with Your Loving Parent	Elizabeth M. – Step 10 – an overview – how I work it
– <i>Lunch</i> – 12:10			NCC Business Meeting 12:25 – 3:05
3 – 12:30 ~ 1:45	CoDA Meeting	Hospitality (no host)	
4 – 1:55 – 3:10	Madeline M. – Prayer and Meditation – Getting In Touch with your HP GPS	Ekua A. – Black in CoDA This workshop is for Black identified people of African descent in recovery.	
3:15 – Closing Circle (??) Kati			